



PUBLIC HEALTH SCOOP

“STAY IN THE LOOP”

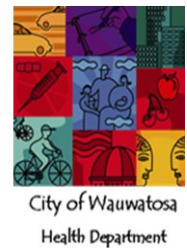


City of Wauwatosa Health Department Newsletter Spring 2017

Home Safety: Prevent Falls and Fire in Your Home

A City of Wauwatosa Fire Education Coordinator and a Public Health Nurse are available for **free** home visits to determine fall and fire risks at home for Wauwatosa residents. Those that participate will receive a free motion sensor nightlight, smoke detector installation (if applicable), and an oven stick.

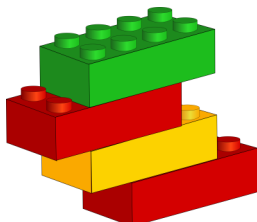
To schedule a free home visit, call the Fire Education Coordinator at 414-471-8457.



Growth and Development

The Wauwatosa Health Department uses a growth and development program known as the Ages and Stages Questionnaire (ASQ). The ASQ monitors the development of children from 2 months through 5 years of age to determine if they are meeting age specific milestones in communication, gross motor, fine motor, problem solving, and personal-social development skills. If a child does not meet the designated milestone, the ASQ program contains activities parents can complete with their child to strengthen development.

To request an age appropriate ASQ for your child call the Wauwatosa Health Department Information and Referral Nurse Line at 414-479-8939.



Nutrition Matters



Proper nutrition is important to stay healthy and prevent illness. Visit the following websites for information on how to encourage your family to increase fruits and vegetables in their diet.

- <http://www.choosemyplate.org>
- <http://fruitsandveggiesmatters.org>
- <http://foodchamps.org> (for kids)

Visit the **Milwaukee County Winter Farmers Market** Saturdays through April 8, 2017 in the Greenhouse Annex at the Mitchell Park Conservatory for fresh produce.

Be a Responsible Pet Owner

Pet owners are responsible for their animal's actions on both public and private property.

Wauwatosa city ordinance (9.04.020) requires pet owners to periodically clean up animal excrement on their property. This should be done every 3 days to prevent unsanitary conditions and food sources for insects and rodents.

While walking your dog on property other than your own, remember they must be on a leash that does not exceed 10 feet in length. You are also required to carry a scoop, bag, or other item to clean up after your pet. This waste must be disposed of in the garbage on your property.



Critter Control

With the recent warm weather, animals are waking up from their winter slumber and will be looking for sources of food, water, and shelter. Help prevent wildlife from taking over your yard with these simple steps:

Remove Food Sources:

- Make sure garbage cans are in good condition
- Do not ground feed animals

Remove Water Sources:

- Look for and remove sources of standing water in your yard (like old tires, upturned cans, etc.)

Remove Shelter Sources:

- Keep landscaping well-maintained
- Keep wood piles tightly stacked and away from buildings

Please visit the Wauwatosa Health Department website (www.wauwatosa.net/health) for additional information on keeping your property pest free.

Wauwatosa Health Department Did You Know...

- ◆ The Public Health Nurses follow up on over 75 types of communicable diseases in an attempt to control their spread within the community.
- ◆ Almost 500 establishments are inspected annually by our Registered Sanitarians including restaurants, pools, and school kitchens to prevent health hazards.
- ◆ The WHD received National Accreditation through the Public Health Accreditation Board (PHAB) in November 2015. This means our programming meets and or exceeds national benchmarks in public health.



Public Health
Prevent. Promote. Protect.



Healthy Community
Value to You
Wauwatosa Health Department

(414) 479-8939
www.wauwatosa.net/health