



2017 Wauwatosa High School Youth Risk Behavior Survey Results



What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) is conducted every two years by the Wauwatosa School District and the City of Wauwatosa Health Department. It is a randomized survey of students in grades 9 through 12 who attend high school in Wauwatosa. The YRBS focuses on health-risk behaviors that result in the most significant mortality, morbidity and social problems during both adolescence and adulthood. These include:

- Mental health
- Tobacco use
- Alcohol
- Drug use
- Sexual behaviors
- Eating habits
- Physical activity
- Intentional or unintentional injuries
- Traffic safety
- Social support

What do the results mean?

This YRBS data from 2017 was compared to that from previous Wauwatosa high school student surveys conducted in 2015 and 2012. The data was also compared to the 2017 Wisconsin YRBS data to illustrate how the students' health-risk behaviors have changed over time in Wauwatosa and to assess how Wauwatosa teens compare to other teens around the State.

When available, Wauwatosa data from 2015 was compared with 2017 to show a baseline trend in behaviors over the last two surveys. If student responses to questions indicated the behavior was improving by $\geq 2\%$ a green arrow is shown (\blacktriangle). If student responses to questions indicated the behavior was declining by $\geq 2\%$ a red arrow is shown (\blacktriangledown). If there was less than a 2% change from 2015 to 2017, no trend was found (\leftrightarrow).

Whom do I contact if I have a question?

You may call the Wauwatosa School District at 414-771-1080 or the City of Wauwatosa Health Department's Information and Referral Nurse Line at 414-479-8939 or e-mail the Health Department at publichealthnurse@wauwatosa.net for more information.

DEMOGRAPHICS

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa
Wauwatosa resident (full or part-time)		67%	77.2%	80.8%
Female participants	49.5%	48.7%	47.6%	44.6%
Male participants	49.7%	50.3%	52.4%	55.4%
9 th grade	23.4%	27.9%	28.7%	30.8%
10 th grade	26.4%	24.2%	30.9%	26.3%
11 th grade	26.9%	24.2%	22.3%	21.7%
12 th grade	22.2%	23.3%	18.1%	20.9%

MENTAL HEALTH

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Student gets ≥ 8 hours of sleep on an average school night	25.6%	26.4%	33.0%	39.8%	▲
Mental health not good on ≥ 1 of the past 30 days	N/A	59.4%	58.0%	61.7%	↔
In the last 12 months, felt sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing usual activities.	27.0%	27.7%	24.7%	20.2%	▲
In the last 12 months, seriously considered attempted suicide.	16.4%	13.2%	11.4%	12.9%	▲
In the last 12 months, actually attempted suicide.	7.8%	2.5%	2.9%	5.4%	↔
In the last 12 months, made a plan about how to attempt suicide.	15.0%	6.9%	6.4%	9.4%	↔
If suicide was attempted, it resulted in an injury, poisoning, or overdose that required physician's care.	2.5%	1.3%	0.5%	1.6%	↔
In the last 12 months, have had significant problems with sleep (such as falling asleep, bad dreams, sleeping restlessly).	N/A	36.5%	N/A	N/A	N/A
In the last 12 months have had significant problems with feeling very anxious, nervous, scared, panicked	39.9%	38.7%	N/A	N/A	N/A

or like something bad was going to happen.					
In the last 12 months, had significant problems with becoming distressed or upset when reminded of something in the past.	N/A	37.1%	N/A	N/A	N/A
Have had a mental or emotional problem that lasted at least 12 months.	N/A	19.2%	N/A	N/A	N/A
Been treated by a doctor or other professional for a mental or emotional health problem.	N/A	18.9%	N/A	N/A	N/A
Ever been treated for an alcohol or drug problem.	N/A	2.8%	N/A	N/A	N/A

TOBACCO USE

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Ever smoked a cigarette (even one or two puffs).	24.4%	19.2%	17.8%	28.5%	↔
Smoked a whole cigarette for the first time before 13 years old.	7.6%	1.9%	2.9%	3.8%	↔
Smoked cigarettes ≥ 1 time in the last 30 days.	7.8%	4.7%	8.4%	10.8%	▲
Of those that smoke, tried to quit smoking in the past 12 months.	37.6%	14.8%	48.0%	64.7%	▲
Used an electronic cigarette or vaping product (e-cig, pens, hookahs) ≥ 1 time in the last 30 days.	11.6%	6.3%	10.7%	N/A	▲

ALCOHOL USE

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Had at least one drink of alcohol on ≥ 1 day in lifetime.	64.5%	54.1%	56.5%	56.3%	▲
Had first drink of alcohol (other than a few sips) before 13 years old.	15.5%	11.3%	9.7%	14.1%	▲
Had at least one drink of alcohol ≥ 1 time in the last 30 days.	30.4%	25.5%	26.1%	29.6%	↔

Had 5 or more drinks in a row (within a couple of hours) \geq 1 time in the last 30 days.	16.4%	10.1%	13.1%	15.3%	▲
Obtained the alcohol drink from someone giving it to them in the past 30 days.	36.1%	66.7%	70.9%	17.6%	▲
Think their parents would think it was wrong or very wrong for them to drink alcohol at least twice a month.	N/A	69.7%	70.5%	74.8%	↔

DRUG USE

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Used marijuana \geq 1 time in lifetime.	30.2%	36%	30.4%	35.0%	▲
Tried marijuana for the first time before age 13 years.	5.4%	2%	2.4%	6.8%	↔
Used marijuana \geq 1 time in the last 30 days	16.0%	19%	15.2%	20.0%	▲
Think most or all of the people of the same age would say it is ok to smoke marijuana.	N/A	59%	52.5%	44.7%	▲
Personally disapprove or strongly disapprove of people smoking marijuana.	N/A	25%	32.5%	44.3%	▲
Think people are at no risk of harm if they smoke marijuana.	N/A	29%	20.4%	20.1%	▲
Taken a prescription drug (OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription \geq 1 time in lifetime.	11.2%	11%	10.7%	11.7%	↔
Taken over-the-counter drugs \geq 1 time to get high in lifetime.	6.1%	4%	3.8%	5.4%	↔
Used any form of cocaine (including powder, crack, freebase) \geq 1 time in lifetime.	4.4%	2.5%	1.9%	1.9%	↔
Sniffed glue, inhaled paints, or breathed the contents of aerosol spray cans to get high \geq 1 time in lifetime.	5.8%	4.7%	5.2%	4.9%	↔

Used heroin (smack, junk, China White) ≥ 1 time in lifetime.	N/A	0.6%	0.0%	0.8%	↔
Used hallucinogenic drugs (LSD, acid, PCP, angel dust, mushrooms) ≥ 1 time in lifetime.	N/A	4.4%	5.7%	6.5%	↔
Used a needle to inject any illegal drug into the body ≥ 1 time in lifetime.	N/A	0.3%	0.0%	1.1%	↔
Agree or strongly agree that illegal drugs are a problem at school.	N/A	37.1%	43.0%	42.3%	▲
Attended school under the influence of alcohol or drugs ≥ 1 time in the last 12 months.	12.4%	6%	N/A	N/A	N/A
Of those that used prescription drugs inappropriately: received, purchased, or stole them from friends or relatives.	N/A	37%	N/A	N/A	N/A

SEXUAL BEHAVIOR

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Ever had sexual intercourse.	33.6%	26.4%	23.5%	29.0%	▲
Had sexual intercourse for the first time before age 13 years.	2.9%	2.2%	1.4%	5.2%	↔
Had sexual intercourse with ≥ 3 people in lifetime.	7.2%	7.9%	3.6%	6.0%	▲
Had sexual intercourse with ≥ 1 person in the last 30 days.	24.9%	3.5%	15.2%	19.0%	▲
Drank alcohol or used drugs before last time of sexual intercourse.	17.0%	3.5%	14.6%	20.6%	▲
Used a birth control device to prevent pregnancy the last time of sexual intercourse.	92.2%	84.7%	94.8%	90.4%	▲
Been diagnosed with a sexually transmitted disease (STD) by a doctor.	N/A	1.3%	1.9%	1.9%	↔

EATING HABITS

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Trying to lose weight	44.8%	39%	43.0%	36.5%	▲
Ate fruit ≥ 3 times in the past 7 days.	15%	72.6%	N/A	N/A	N/A
Drank a can, bottle, or glass of soda/pop ≥ 2 times per day in the past 7 days.	8.5%	6.9%	6.3%	10.0%	↔
Ate breakfast every day for the past 7 days.	36.9%	41.2%	38.2%	41.7%	▲
Most of the time or always went hungry because there was not enough food in the home.	N/A	2.5%	3.1%	2.7%	↔
Eat meals with one or more adults ≥ 4 times per week.	N/A	58.5%	65.5%	63.0%	▲
Vomited or took laxatives to lose weight or keep from gaining weight in the last 30 days.	N/A	2.5%	2.6%	2.3%	↔
Ever gone without eating for 24 hours (also called fasting) to lose weight or keep from gaining weight.	N/A	11.6%	14.7%	13.8%	▲
Ate vegetables ≥ 3 times in the past 7 days	13.5%	64.2%	N/A	N/A	N/A

PHYSICAL ACTIVITY

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Physically active for at least 60 minutes per day on ≥ 3 days in the last 7 days.	N/A	60.1%	56.6%	48.5%	▲
Watched TV ≥ 3 hours per day on an average school day.	16.7%	18.6%	27.6%	29.6%	▲
Played video or computer games or used computer for non-school activities ≥ 3 hours per day on an average school day.	40.3%	39%	43.9%	25.9%	▲
Exercised to strengthen or tone muscles ≥ 3 times in the last 7 days.	N/A	54.1%	55.7%	43.1%	↔
Walk or bike to school when weather allows ≥ 2 times per week.	N/A	25.8%	20.4%	39.3%	▲

Did not play on a sports team in the last 12 months.	N/A	36.5%	36.1%	36.7%	↔
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TRAFFIC SAFETY

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Never or rarely wore seatbelt when riding in a car driven by someone else.	5.7%	4.1%	6.2%	6.2%	▲
Rode in a car driven by someone who had been drinking alcohol ≥ 1 time in the last 30 days.	17.4%	19.5%	18.1%	16.1%	↔
Drove a car after drinking alcohol ≥ 1 time in the last 30 days.	5.5%	5.3%	2.6%	5.1%	▲
Texted or e-mailed while driving a car ≥ 1 time in the last 30 days.	45.7%	21.1%	18.3%	16.7%	▲
Talked on a cell phone while driving a car ≥ 1 time in the last 30 days.	N/A	26.1%	21.9%	19.4%	▲
Rode in a car driven by someone who had been smoking marijuana ≥ 1 time in the last 30 days.	N/A	18.9%	N/A	N/A	N/A

INJURY AND VIOLENCE

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Ever carried a weapon (gun, knife, club, etc.) on school property	5.2%	11.9%	N/A	N/A	N/A
Were in a physical fight in the last 12 months.	20.0%	18.9%	15.7%	22.9%	▲
Someone had tried to hurt them by hitting, punching or kicking on school property in the last 12 months.	15.0%	16.3%	15.0%	15.0%	↔
Never or rarely feel safe from physical harm while at school.	12.0%	8.8%	6.4%	6.5%	▲
Agree or strongly agree that violence is a problem at school.	48.1%	17.9%	51.6%	56.5%	▲
Were physically hurt on purpose by someone you	6.9%	4.4%	3.3%	5.4%	↔

were dating ≥ 1 time in the past 12 months.					
Someone did sexual things to you that you did not want to do by pressuring, lying, or threatening you ≥ 1 time in the past 12 months.	10.2%	10.1%	5.7%	8.4%	▲
Did something to physically hurt themselves (without wanting to die) such as cutting or burning in the last 12 months.	16.6%	19.2%	12.8%	15.1%	▲
Were bullied on school property ≥ 1 time in the past 12 months.	24.2%	26.7%	24.7%	22.7%	▲
Mostly or always feel safe in their neighborhood.	N/A	80.2%	85.7%	88.4%	▲
Strongly agree or agree that harassment and bullying by other students is a problem at school.	73.5%	36.8%	78.5%	75.5%	▲
Have been a victim of cyber bullying ≥ 1 time in the last 12 months.	18.3%	10.4%	13.1%	14.8%	▲

OTHER

	2017 WI	2017 Tosa	2015 Tosa	2012 Tosa	Tosa Trend
Agree or strongly agree their family loves them and gives them support when they need it.	N/A	83%	86.9%	84.6%	▲
Agree or strongly agree that their teachers care about them and give encouragement.	N/A	62.3%	64.1%	66.7%	↔
Agree or strongly agree that they belong at this school.	70.8%	64.9%	66.0%	68.7%	↔
Have ≥ 1 teacher or other adult in the school that they can talk to if there is a problem.	71.6%	71%	73.9%	67.9%	▲
Have participated in, or helped others participate in the 'Choking Game.'	N/A	2.8%	2.7%	2.2%	↔